



Forest Farm Centre is a home for people with physical disabilities and special needs, located in Bryanston, Johannesburg. It was founded in 1968 and able to house 113 disabled residents.

Forest Farm is a registered NPO, certificate number NPO 017 – 813.

The facility offers 24/7 accommodation and basic nursing care. The Forest Farm Centre program focuses on general care, such as assisting residents with feeding and bathing, housekeeping, play and exercise. Residents are empowered through emotional and physical support, through social work services. Other types of services rendered include, but are not limited, to transport for hospital/ clinics/ doctors as well as social events. Forest Farm Centre residents receive 3 balanced meals per day which ensure their optimal physical development. Over and above the breakfast, lunch and dinner they also get 2 teas in between meals and a night snack.

Forest Farm Centre provides:

- Twenty-four hours/seven days a week basic caregiving and emotional support to the residents
- Accommodation and three meals a day
- Full laundry service for all bedding, clothing etc.
- Specialized transport to Hospitals, Clinics, Doctors appointments and Local Shopping centres.
- Social and recreational activities.
- We offer competitive value for money, disability care services 365 days a year.
- Our monthly fees cover accommodation, tasty nutritious meals, laundry, housekeeping, social services, workshop and regular entertainment.
- The Home is positioned in a secure garden setting with well-maintained facilities, a wheelchair accessible pool and TV room with DSTV.
- Free Wi-fi connection
- Care workers are on duty 24/7 and we strive to provide a homely atmosphere where these diverse personalities all feel welcome and appreciated

Disabled accommodation categories we cater for, with respect to Activities of Daily Living (ADL):

Dependent Care – Care provided by shared care-workers for profoundly disabled residents who require intensive assistance with ADL

Full Care – Residents who require moderate assistance with ADL fall into the category. Care-workers and a staff nurse look after the wellbeing of residents

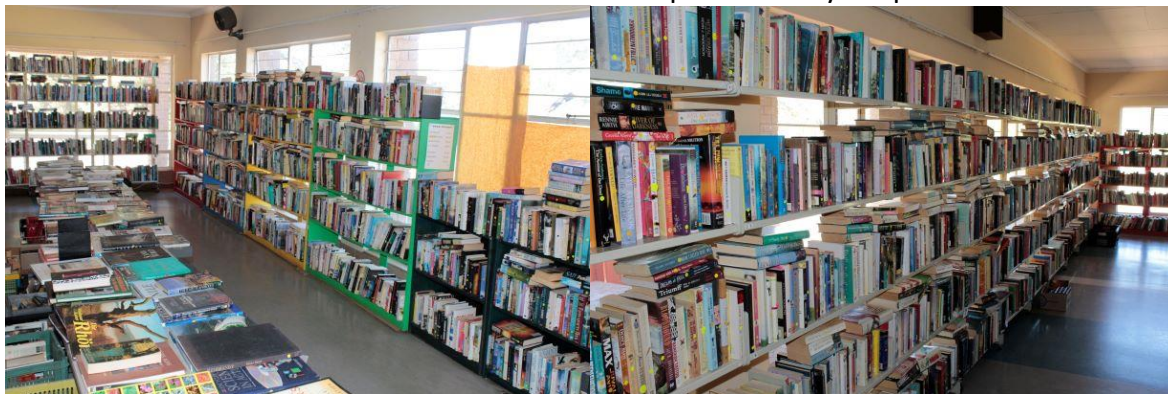
Supervisory care – Residents who require minimal assistance and supervision with their ADL

Standard – Residents who can largely see to their own ADL

We also offer day-care, as well as a respite service to give full-time carer-families the occasional break

Forest Farm Centre monthly funding is obtained through:

- A grant from the Department of Social Development.
- Rental fees paid by the Residents.
- Donations from Companies, Individuals, Clubs, Churches and Schools.
- Bequests
- Internal donations from our book shop and charity shop



Rooms:

- **Cottages:**
- Cedar and Fir = 11 double rooms = Capacity – 22 female residents
- Pine and Oak = 12 double rooms = Capacity – 22 male residents
- Bamboo = 06 double rooms = Capacity – 12 female residents
- = 06 double rooms = Capacity – 12 male residents
- Haven = 08 double rooms = Capacity – 16 residents
- = 29 single rooms = Capacity – 29 residents

Standard rooms have a basin and built in cupboards

Residents furnish the room with own familiar furniture, curtains and linen which helps them to adjust quickly to the new environment.

Each section has both male and female communal bathrooms with access for wheelchairs



Meals:

We love being complimented on the quality of our food, especially since our budget precludes luxuries.

- A 28day menu approved by a dietician provides 3 tasty, nutritious and portion controlled sit-down meals a day
- Tea, coffee or cold drink/juice three times a day.
- Packed lunches for residents who go to medical appointments or outings

Laundry:

- Daily washing routine collecting washing from Cottages and return folded and ironed
- Quarterly washing of curtains
- Where required, wet bedding is removed daily and replaced with clean, dry linen



Housekeeping:

We pride ourselves on our clean and neat facilities

- General cleaning is done 7 days a week between 06h00 to 18h00
- Rooms are cleaned thoroughly, including residents' furniture and appliances
- Curtains are removed, washed and returned to clean windows quarterly
- Passages are cleaned once a day and spills when necessary
- Bathrooms and toilets are cleaned several times daily
- Toilet paper is provided at toilets

Medical & Social Services:

Forest Farm Centre is not a medical facility but do offer the following:

- Experienced Registered Nurses and Staff Nurses on duty daily
- The Registered Nurse, during her shift, resides on premises and on duty for 06h00 to 18h00 and on standby after hours
- Medication is administered to residents and observed that it is taken by Nurse
- Nurse on duty 24 hours a day
- Care-workers on duty 24 hours a day
- Social Worker available by appointment
- Medical appointments made as required and referrals obtained where necessary
- Care worker accompanies residents for medical appointments where required, The cost for this Care-worker is not covered by monthly fees.
- Assistance with SASSA applications

Transport Services:

- At residents' request and cost – Residents may be transported to medical appointment and to hospital in emergencies after hours
- Residents will be transported to special functions to which we receive invitations



SECURITY

The safety of our vulnerable residents is a priority for us

- Secure, fenced in safe terrain
- Smoke detectors in all cottages
- Fire extinguishers accessible and serviced
- Buildings outside doors are locked at night
- Evacuation plans in place and drilled
- Boom gate access
- Hourly guard patrols done on premisses



Other Services

- Fenced wheelchair accessible pool on the premises for residents' use
- Pocket money controlled by finance office if required
- TV room with DSTV
- Maintenance of rooms
- Assistance with maintenance of residents' personal items where possible
- Assistance with repairs to wheelchairs
- Regular, free entertainment for the residents

- Supervised hygiene where required
- Minor repairs to clothing items
- Wheelchair cleaning
- Making of beds and packing of cupboards
- Assistance with shaving
- Feeding or assistance with meals
- Dressing or assistance as required
- Assistance with laundry preparation



PURPOSEFUL ENGAGEMENT

- Independent protective workshop on the premises where residents who are able to work with their hands may be occupied with assembling and packaging work from 08:30 to 15:00 from Monday to Friday.
- Residents who cannot work at the workshop are kept busy with supervised crafting activities and stimulation activities
- The workshop and stimulation facility are also available for day attendees. Any participant who requires a care-worker to take part will have to have one provided by the family at an additional cost for lunch.



CONTACT DETAILS

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Registered with Department of Social Development as a Non-Profit Organisation – NPO 017-813

Registered as an Income Tax Exemption – PBO No. 1811132125 in terms of section 18a of the Tax Act, Public Benefit Organisation (PBO).

B-BBEE SED Recognition – 85%

VAT no: 472 0116 146

Contact Person: Director – Drienie Nienaber